



****Attach to Patient's Chart****

Diabetes Patient Fax Alert*

Patient Information

Physician:	Today's Date:
Patient:	Admitted To:
Member ID:	Admit Date:
Diagnosis:	Discharge Date:

This member was recently hospitalized and our records reflect the following lab results:

HbA1C	Date:	Level:
LDL-C	Date:	Level:

If you are considering medication therapy changes or additions, please refer to our applicable Preferred Drug List below.

Preferred Drug List*

<u>Sulfonylureas:</u>	Glipizide, Glyburide, Glimepiride, and Glipizide XL
<u>Biguanides:</u>	Metformin
<u>Thiazolidinediones:</u>	Avandia®
<u>Combination Medications:</u>	Avandamet®, Glucovance®
<u>Alpha-Glucosidase Inhibitors:</u>	Precose®
<u>Insulins:</u>	Novolog®, Novolin®, Novolin Pens®, and Lantus®
<u>For lipid management:</u>	
<u>Statins:</u>	Lovastatin, Lescol, Lescol XL®, Simvastatin®
<u>Bile Acid Sequestrants:</u>	Questran®, Questran Light®
<u>Niacin:</u>	Slo-Niacin®
<u>Fibrates:</u>	Gemfibrozil

***Note: Medication coverage is subject to generic, brand and co-pay benefit structure.**

American Diabetes Association Guidelines Recommendations*

- HbA1C measured two times per year, if stable; Quarterly if not stable
- HbA1C Level: Less than 6.0 percent
- Lipid Profile (LDL-C screening): at least once a year
- LDL-C less than 100mg/dl, fasting triglycerides less than 150 mg/dl and total cholesterol less than 200 mg/dl
- Retinal eye exam performed annually (Refer to Avesis for Medicaid: 800-952-6674)
- Urinalysis for Microalbuminuria: at least annually (dipstick or quantitative)
- Annual dental exam and thorough foot exam by a physician/podiatrist
- Regular counseling on tobacco cessation, diet and exercise modification

** Adaptation & Excerpts from the 2004 Clinical Practice Guidelines of the American Diabetes Association (Full text may be accessed via www.diabetes.org or 1-800-DIABETES).*

Address questions to our Diabetes Disease Management Program (866) 593-2538.

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